



# BROWN UNIVERSITY SUMMER SESSION



## CONTEMPLATIVE STUDIES SUMMER INTENSIVE

### **UNIV0540-S01: AN INTRODUCTION TO CONTEMPLATIVE STUDIES**

(H. ROTH): TU/TH 9 AM - 1:00 PM

Introduction to the new field of Contemplative Studies focusing on identifying methods human beings have found, across cultures and across time, to concentrate, broaden and deepen conscious awareness. We will study what these methods and experiences entail, how to critically appraise them, how to experience them ourselves, and how they influence the development of empathy, health, and well-being.

### **UNIV0090-S01: MEDITATION AND THE BRAIN: APPLICATIONS IN BASIC AND CLINICAL SCIENCE** (W. BRITTON/C.KERR): M/W 9 AM - 1:00 PM

This class is a detailed exploration of the most recent neuroscientific research of meditation. The course explores the cognitive, affective, and neurophysiological effects of meditation practices with reference to their clinical applications in health, psychiatry and medicine. Current methodological challenges and directions for future research will also be explored.

### **UNIV0500-S01: A COMPARATIVE PHENOMENOLOGY**

**OF MYSTICAL EXPERIENCE** (T. COBURN): TU/TH 1:30 - 5:30 PM

Mystical experience – personal engagement with an ultimate reality– is found in virtually all cultures, in explicitly religious and deliberately secular guises. It has received extraordinarily diverse appraisals: some have acclaimed it “the only truth there is,” while others have been executed for asserting it. This course examines the nature of mystical experience and the variety of its manifestations in and out of the world’s major religious traditions.

### **MUSC0063-S01: CONTEMPLATIVE MUSIC OF INDIA**

(S. REDDY) M/W 1:30 - 5:30 PM

Contemplative Music of India provides a comprehensive overview of many important traditions within the contemplative musical heritage of India, including a detailed exploration of Vedic hymnology, the classical musical traditions of both North and South India (Hindustani and Carnatic musics), the devotional music of the medieval bhakti mystics, and the ecstatic modes of the Sufi saints. With these varied practices in mind, the class will explore the myriad ways in which South Asians have used music as a vehicle to achieve and sustain contemplative states of mind. The class is open to everyone regardless of musical background.

## FEES

### **Residential**

One Course: \$6,585

Two Courses: \$9,604

*Limited residences at  
Contemplative House available*

### **Non-Residential**

One Course: \$3,226

Two Courses: \$6,454

### **Further Inquiries**

Harold\_Roth@Brown.edu

**The Summer Intensive also features meditation instruction, guest lectures, a film series, contemplative parties, performances of contemplative music and a field trip to an area contemplative practice center.**

## ENROLL ONLINE

[www.brown.edu/ce/undergrad/summer](http://www.brown.edu/ce/undergrad/summer)