

UC Berkeley School of Law

and The Center for Contemplative Mind in Society, University at Buffalo Law School, Baldy Center for Law and Social Policy (UB Law), University of San Francisco School of Law, University of Florida Levin College of Law, City University of New York School of Law, Thelton Henderson Center for Social Justice (UC Berkeley Law), and The Initiative on Mindfulness in Law and Dispute Resolution (Florida Law)

present

The Mindful Lawyer: Practices & Prospects for Law School, Bench, and Bar

Friday afternoon – Sunday afternoon,
October 29 - 31, 2010
UC Berkeley School of Law

The Mindful Lawyer: Practices & Prospects for Law School, Bench, and Bar is a national conference that will bring together the pioneers who have been developing programs integrating meditation and contemplative practices with legal education and practice, and others in the legal profession who are interested in exploring this work. Many law professionals have found that meditation practice has sharpened their legal skills, helped them to manage the stresses of their challenging work, increased their empathy, and deepened their commitment to creating a more just society. The conference will offer a blend of scholarly presentation, practical experience and discussion, and recent developments in neuroscience and psychology relevant to meditation practice. We invite lawyers, law professors, judges, mediators and other dispute resolution professionals, and law students to explore the connections between law and meditation, and to learn and practice meditation.


This conference is the first major gathering of its kind since Harvard Law School offered a symposium on Mindfulness and Alternative Dispute Resolution in 2002. The conference will convene the diverse leadership of the ongoing endeavors in law and meditation and welcome members of the legal profession seeking to integrate the benefits of meditation into their work, institutions, and practice areas. No prior meditation experience is required to benefit from participation in the conference.

The Mindful Lawyer conference will begin with an optional half-day meditation retreat on Friday afternoon. The conference officially convenes on Friday evening and runs through mid-afternoon on Sunday. Up to 8 MCLE credits will be available.

Confirmed presenters for *The Mindful Lawyer* include the following:

- Norman Fischer (Senior meditation teacher, Author and Poet)
- Gary Friedman (The Center for Understanding in Conflict)
- Phillippe Goldin, Ph.D. (Stanford University, Dept. of Psychology)
- Charles Halpern (UC Berkeley School of Law)
- Angela Harris (UC Berkeley School of Law / University of Buffalo Law School)
- Jack Kornfield (Founding teacher, Spirit Rock Meditation Center)
- Rhonda Magee (University of San Francisco School of Law)
- Stephanie Phillips (University of Buffalo Law School)
- Len Riskin (University of Florida Levin College of Law)
- Shauna Shapiro, Ph.D. (Santa Clara University, Counseling Psychology Dept.)
- Michael Zimmerman (Former Chief Justice, Utah Supreme Court)

Many more confirmed presenters; please visit our website at www.mindfullawyerconference.org.



The Center for Contemplative Mind in Society has offered meditation trainings for legal professionals and law students since 1998, when it facilitated its first retreat for Yale Law School students and faculty. Since that time, the Center has presented numerous law and meditation retreats, including workshops for judges in California and Washington DC and multi-day retreats for lawyers.



Details and registration at www.mindfullawyerconference.org

For more information, contact Doug Chermak, Conference Coordinator and Law Program Director, Center for Contemplative Mind in Society, at mindfullawyerconference@gmail.com.