

The Center for Contemplative Mind in Society
Summer Session on Contemplative Curriculum Development
Smith College, Northampton, MA
August 14 -20, 2005

Sunday, August 14th

- 2:00 – 5:00 Registration & Welcome, *Mary Ellen Chase House*
- 5:00 – 5:30 Reception, *Mary Ellen Chase House*
- 5:30 – 7:00 Dinner, *Lamont House Dining Room*
- 7:00 – 9:00 Introductions/Opening Circle/Agenda Review/Program Goals
Neilson Library, Neilson-Browsing Room

Monday, August 15th

- 7:15 – 8:30 Breakfast, *Lamont House Dining Room*
- 8:30 – 9:00 Meditation led by Mirabai Bush
Neilson Library, Neilson-Browsing Room
- 9:00 – 9:30 Yoga led by Sunanda Markus, *Neilson Library, Neilson-Browsing Room*
- 9:30 – 11:00 “Contemplative Pedagogy: Principles and Design”
Presentation and discussion led by Arthur Zajonc
Neilson Library, Neilson-Browsing Room
- 11:00 – 11:15 Break
- 11:15 – 12:15 Contemplative practice session and conversation
Neilson Library, Neilson-Browsing Room
- 12:30 – 2:30 Lunch Break, *Lamont House Dining Room*
- 1:30 Facilitators’ Meeting
Neilson Library, Neilson-Browsing Room
- 2:30 – 3:00 Contemplative movement led by Andrea Olsen
Neilson Library, Neilson-Browsing Room
- 3:00 – 5:00 Course development in small groups
See posted list for group assignments and locations
- 5:00 – 5:30 Plenary: reporting and checking in
Neilson Library, Neilson-Browsing Room
- 6:00 – 7:30 Dinner, *Lamont House Dining Room*
- 7:30 – 9:00 “The New Science of Meditation”
Presentation by Daniel Goleman
Neilson Library, Neilson-Browsing Room

Tuesday, August 16th

- 7:15 – 8:30 Breakfast, *Lamont House Dining Room*
- 8:30 – 9:00 Meditation led by Mirabai Bush
Neilson Library, Neilson-Browsing Room
- 9:00 – 9:30 Yoga led by Sunanda Markus, *Neilson Library, Neilson-Browsing Room*
- 9:30 – 10:45 Presentation and discussion led by Peter Schneider
Neilson Library, Neilson-Browsing Room
- 10:45 – 11:00 Break
- 11:00 – Noon Contemplative practice session and conversation
Neilson Library, Neilson-Browsing Room
- Noon – 2:30 Lunch Break, *Lamont House Dining Room*
- 2:30 – 3:30 “Explorations in Perception”, led by Andrea Olsen
Neilson Library, Neilson-Browsing Room
- 3:30 – 5:00 Individual Course Development
Wright Hall, Rooms 200, 201, 230, and 231 available as meeting space
Faculty available for consultation in Browsing Room
- 5:00 – 5:30 Plenary: reporting and checking in
Neilson Library, Neilson-Browsing Room
- 6:00 – 7:30 Dinner, *Lamont House Dining Room*
- 7:30 – 9:00 “The Journey of Meditation: Weaving Theory and Practice”
Presentation and meditation by Joseph Goldstein
Carroll Room, Campus Center

Wednesday, August 17th

- 7:15 – 8:30 Breakfast, *Lamont House Dining Room*
- 8:30 – 9:00 Meditation led by Mirabai Bush
Neilson Library, Neilson-Browsing Room
- 9:00 – 9:30 Yoga led by Sunanda Markus, *Neilson Library, Neilson-Browsing Room*
- 9:30 – 10:45 “Guerilla Contemplation:
Introducing Contemplative Pedagogies into Unwelcoming Situations”
Presentation and discussion led by Mary Rose O'Reilley
Neilson Library, Neilson-Browsing Room
- 10:45 – 11:00 Break
- 11:00 – Noon Contemplative practice session and conversation
Neilson Library, Neilson-Browsing Room

Noon – 2:30	Lunch Break, <i>Lamont House Dining Room</i>
2:30 – 3:30	“Explorations in Perception (cont’d)”, led by Andrea Olsen <i>Neilson Library, Neilson-Browsing Room</i>
3:30 – 5:00	Individual Course Development <i>Wright Hall, Rooms 200, 201, 230, and 231 available as working space</i> <i>Faculty available for consultation in Neilson-Browsing Room</i>
5:00 – 5:30	Plenary: reporting and checking in <i>Neilson Library, Neilson-Browsing Room</i>
6:00 – 7:30	Dinner, <i>Lamont House Dining Room</i>
7:30	Free Evening

Thursday, August 18th

7:15 – 8:30	Breakfast, <i>Lamont House Dining Room</i>
8:30 – 9:00	Meditation led by Mirabai Bush <i>Neilson Library, Neilson-Browsing Room</i>
9:00 – 9:30	Yoga led by Sunanda Markus, <i>Neilson Library, Neilson-Browsing Room</i>
9:30 – 10:45	Presentation and discussion led by Hal Roth <i>Neilson Library, Neilson-Browsing Room</i>
10:45 – 11:00	Break
11:00 – Noon	Contemplative practice session and conversation <i>Neilson Library, Neilson-Browsing Room</i>
Noon – 2:30	Lunch Break, <i>Lamont House Dining Room</i>
2:30 – 3:00	Contemplative movement <i>Neilson Library, Neilson-Browsing Room</i>
3:00 – 4:30	Course development in small groups <i>See posted list for group assignments and locations</i>
4:30 – 5:30	“Creating contemplative studies programs and networks” Discussion w/Frederique Apffel-Marglin, Ed Sarath, Hal Roth <i>Neilson Library, Neilson-Browsing Room</i>
6:00 – 7:30	Dinner, <i>Lamont House Dining Room</i>
7:30 – 9:00	Evening gathering of poetry, song, and story <i>Neilson Library, Neilson-Browsing Room</i>

Friday, August 19th

- 7:15 – 8:30 Breakfast, *Lamont House Dining Room*
- 8:30 – 9:00 Meditation led by Mirabai Bush
Neilson Library, Neilson-Browsing Room
- 9:00 – 9:30 Yoga led by Sunanda Markus, *Neilson Library, Neilson-Browsing Room*
- 9:30 – 10:45 Presentation and discussion led by Ed Sarath
Neilson Library, Neilson-Browsing Room
- 10:45 – 11:00 Break
- 11:00 – Noon Contemplative practice session and conversation
Neilson Library, Neilson-Browsing Room
- Noon – 2:30 Lunch Break, *Lamont House Dining Room*
- 2:30 – 4:30 Plenary: reporting on the courses
Neilson Library, Neilson-Browsing Room
- 6:00 – 9:00 Party at Mirabai Bush's home
38 Village Hill Rd, Williamsburg
Directions provided in registration packet; carpooling to be discussed

Saturday, August 20th

Check-out 7:30 – 9:30 a.m.

Please clear your room of all personal belongings and bring your keys and fan to Jen in the common area of Chase House before 9:30 a.m.

- 7:15 – 8:30 Breakfast, *Lamont House Dining Room*
- 9 – 9:30 Meditation, *Neilson Library, Neilson-Browsing Room*
- 9:30 – 10:30 Reflection:
Did the week serve your needs in developing a contemplative course? How could we do it better in the future?
Neilson Library, Neilson-Browsing Room
- 10:30 – 11:30 Closing Circle