



the center for  
Contemplative Mind in Society

## CONTEMPLATIVE PRACTICE FELLOWSHIPS

**Deadline:** Postmarked no later than November 15, 2008

**Tenure:** Summer 2009 or one semester during  
the 2009-2010 academic year

**Amount:** up to \$10,000

### INSTRUCTIONS TO APPLICANTS

#### General Information

*This application packet is for a Contemplative Practice Fellowship.* This program is sponsored by the Center for Contemplative Mind in Society and made possible by funding from the Fetzer Institute. Approximately ten fellowships will be offered to support individual or collaborative research leading to the development of courses and teaching materials that integrate an awareness of contemplative practice. The selection committee especially welcomes proposals in which course content and contemplative practices are related to the consideration of social conflict and injustice, the amelioration of suffering, and the promotion of peace. Such contemplative practices can lead to genuine insights and deeper appreciation of the material under study. In a time of increasing uncertainty, strife and social fragmentation, practices that promote compassionate understanding, reconciliation and forgiveness are much needed. These fellowships are designed to advance scholarship in the field, to encourage recognition of the role of contemplation in the intellectual life, and to inform educational practice and enhance course design. We invite proposals from the full range of disciplinary and inter-disciplinary perspectives in the arts, humanities, social sciences, and sciences. Methodologies that include practical and experiential approaches to the subject matter are especially welcome.

These fellowships seek to restore and renew the critical contribution that contemplative practices can make to the life of teaching, learning, and scholarship. At the heart of the program is the belief that pedagogical and intellectual benefits can be discovered by bringing contemplative practice into the academy, and that contemplative awareness can help to create a more just, compassionate, and reflective society.

Contemplative practices are part of all major religious and spiritual traditions, and have long had a place in intellectual and ethical inquiry and practice. Depending upon the tradition from which they come, contemplative practices are defined in a variety of ways and can help people develop greater balance, calm, empathy, improved focus and concentration, and enhanced creativity. In time, with sustained commitment, they can cultivate insight, wise discernment, awareness, and compassion.

Because the aim of this program is to stimulate interest in this field, fellows will be asked to complete a survey questionnaire at the end of the grant period. They will also be asked to provide to the Center for Contemplative Mind Society reports on their research as well as copies of course materials, including course description, syllabus, student evaluations, and a detailed description of the contemplative practices used. In addition, fellows from diverse disciplines may be invited to share their experiences in developing and offering their materials at conferences and meetings sponsored by the Center.

## **Fellowship Provisions**

These fellowships are intended to support scholars for developing curricula during a summer or an academic-year semester. Individual scholars, partnerships, or groups of scholars may apply, but the maximum fellowship stipend of \$10,000 may not be exceeded for any one project. Assurance from the appropriate department head, attesting that the applicant will be permitted to teach the course resulting from his/her research within the academic year following the tenure of the fellowship, will be required.

Completed application forms must be postmarked no later than November 15, 2008. Decisions will be announced in mid-April 2009. *No part of this application process may be conducted by fax or e-mail.*

## **Eligibility Guidelines**

Applicants must be regular full-time faculty members at accredited academic institutions in the United States and Canada; joint proposals are acceptable. There are no citizenship restrictions. Prior experience with contemplative practice is encouraged.

Applicants need not be released from teaching to accept an award, although if not free of such responsibilities, they should be particularly careful to specify how they will—while fulfilling their teaching responsibilities—also fulfill the work plan laid out in their proposal.

## **The Application**

The following materials are required:

- 1) The five-page application form. Please confine your responses to the space provided and do not use the reverse sides or attach any additional sheets.
- 2) A two-page list of your publications and other relevant accomplishments. For publications, please include titles, dates of publication, names of publishers or journals, and numbers of pages. For other accomplishments, please include dates, places, and a brief description.
- 3) A project proposal of not more than five double-spaced pages. The proposal should include both a description of the research you will undertake during the tenure of the fellowship and an overview of the course as well as any teaching materials that will result from it. Also include a statement of how the course and/or materials will be integrated into the course of study at your own institution, and of how such approaches may be more widely useful in stimulating interest in contemplative practice. Please make clear the relationship of the project to your professional background, including any previous experience with contemplative practice. Please do not include any other supporting materials as they will not be distributed to the selection panel.
- 4) A project budget. Grant funds may be used for salary replacement (if you will be on full or partial leave) and/or for research expenses.
- 5) An optional project bibliography of up to two pages.

*Please note, in completing items 1, 2, 3, 4, and 5, that these pages will be photocopied for distribution to the selection committee. Please, therefore, be sure that your responses are clear and dark enough to be copied, that you have left sufficient margins all around, and that you have used 8 1/2 x 11 inch paper on one side only.*

6) A departmental approval form. Please fill in all of the information requested at the top of the form and send it, with a copy of your proposal, to your chair, dean, or other appropriate official. The completed form should be returned directly to the Center for Contemplative Mind in Society.

7) Two confidential references, which should be completed and sent directly to the Center for Contemplative Mind in Society by your referees. You should secure as referees scholars competent to judge both your past scholarship and your present proposal. Please fill in all of the information requested at the top of the forms and send them to your referees with a copy of your proposal. We suggest that you urge your referees to send their comments, which are considered confidential and for the information only of the selection panel, directly to us immediately; completed reference forms should be received by November 30, 2008.

8) Postcard acknowledging the Center for Contemplative Mind in Society receipt of your application. Enclose a self-addressed, stamped postcard; we will mail it back to you when your application has been received.

### **Special Instructions for Collaborative Projects Only**

Partners or groups of scholars may apply to work together, but not more than the \$10,000 maximum award will be offered for any single project. Each applicant must meet the basic eligibility guidelines.

Regarding **"The Application"** as detailed above, please follow these special instructions if you are applying as a partnership or as a group.

- 1) Each applicant must complete the five-page application form. Please make as many copies of the application form as you require.
- 2) Each applicant must submit a two-page list of your publications and other relevant accomplishments, attached to their application form.
- 3) Submit only one project proposal.
- 4) Submit only one project budget.
- 5) Submit only one project bibliography (optional).
- 6) Submit only one departmental approval form if all applicants are from the same department or program. If applicants are from different departments/programs, one form should be submitted from each department/program.
- 7) Each applicant should have two references sent. Please make as many copies of the confidential reference form as you require.
- 8) Only one postcard with one of the applicant's information is required.

All materials, with the exception of the department approval form(s) and reference letters, should be submitted together.

### **MAIL YOUR COMPLETED APPLICATION PACKET NO LATER THAN NOVEMBER 15, 2008 TO:**

Contemplative Practice Fellowship Program  
The Center for Contemplative Mind in Society  
199 Main Street, Suite 3  
Northampton, MA 01060



the center for  
Contemplative Mind in Society

**CONTEMPLATIVE PRACTICE FELLOWSHIPS**  
2009 Competition  
**APPLICATION FORM**

**Deadline: November 15, 2008**

Last Name \_\_\_\_\_

First Name and Middle Name/Initial \_\_\_\_\_

Salutation       Mr.       Ms.       Dr.       Professor

If this is a collaborative project, list the names of the other applicants.

*Note: each applicant must complete a separate application form.*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**CONTACT INFORMATION**

Primary e-mail address \_\_\_\_\_

Office Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Country (*if NOT US*) \_\_\_\_\_

Telephone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_, ext. \_\_\_\_\_ Fax \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Home Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Country (*if NOT US*) \_\_\_\_\_

Telephone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Fax \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Name: \_\_\_\_\_

Which is your preferred mailing address?  Office  Home

**(Be sure to indicate your preferred mailing address. That is where we will mail [regular first-class US postal service] the letter informing you of the result of your application.)**

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## EDUCATION

BA/BS received from \_\_\_\_\_

Date BA/BS received (mm/yyyy) \_\_\_\_/\_\_\_\_

BA/BS major discipline \_\_\_\_\_

MA received from \_\_\_\_\_

Date MA received (mm/yyyy) \_\_\_\_/\_\_\_\_

MA major discipline \_\_\_\_\_

PhD received from \_\_\_\_\_

Date PhD received (mm/yyyy) \_\_\_\_/\_\_\_\_

PhD major discipline \_\_\_\_\_

Title of doctoral dissertation

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name of dissertation supervisor \_\_\_\_\_

List any additional degrees

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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## CURRENT POSITION

Rank/Title \_\_\_\_\_

Discipline \_\_\_\_\_

*(Please indicate here the discipline you would use in completing your academic title, for example, Associate Professor of French Literature, Professor of Philosophy, etc.)*

Department \_\_\_\_\_

Institution \_\_\_\_\_

Are you tenured? \_\_\_\_\_

If YES, when did your first tenured semester begin? (mm/yyyy) \_\_\_\_/\_\_\_\_

If you are an Assistant Professor or equivalent, when did you begin your first teaching semester/ quarter at that rank even if that occurred with a previous job? (mm/yyyy) \_\_\_\_/\_\_\_\_

If you do NOT hold the rank of Full, Associate, or Assistant Professor, as a research scholar, with which group would you most identify?

\_\_\_\_ Full Professor    \_\_\_\_ Associate Professor    \_\_\_\_ Assistant Professor

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**PROFESSIONAL BACKGROUND**

List positions held (professional, teaching, administrative, curatorial) since college graduation, beginning with most recent. Give name of institution, title, and approximate dates of employment for each.

Institution/Employer \_\_\_\_\_

Title \_\_\_\_\_

From \_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_

Institution/Employer \_\_\_\_\_

Title \_\_\_\_\_

From \_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_

Institution/Employer \_\_\_\_\_

Title \_\_\_\_\_

From \_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_

Institution/Employer \_\_\_\_\_

Title \_\_\_\_\_

From \_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_

Institution/Employer \_\_\_\_\_

Title \_\_\_\_\_

From \_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_

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**AWARDS**

Beginning with the most recent, list up to six of the grants, fellowships, scholarships, academic honors, or awards you have received, giving in each case the dates, purposes (tuition, travel, expenses, etc.), and, if funded, the approximate amounts. If you are listing only selected awards, choose those that are most significant. Please do not be concerned if you cannot recall exact dates or amounts, and do not feel you must use all six entries.

Award \_\_\_\_\_

From \_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_ Amount \_\_\_\_\_

Purpose \_\_\_\_\_

Award \_\_\_\_\_

From \_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_ Amount \_\_\_\_\_

Purpose \_\_\_\_\_

Award \_\_\_\_\_

From \_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_ Amount \_\_\_\_\_

Purpose \_\_\_\_\_

Name: \_\_\_\_\_

Award \_\_\_\_\_

From \_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_ Amount \_\_\_\_\_

Purpose \_\_\_\_\_

Award \_\_\_\_\_

From \_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_ Amount \_\_\_\_\_

Purpose \_\_\_\_\_

Award \_\_\_\_\_

From \_\_\_\_/\_\_\_\_ To \_\_\_\_/\_\_\_\_ Amount \_\_\_\_\_

Purpose \_\_\_\_\_

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**RELEVANT NON-ACADEMIC EXPERIENCE**

List relevant non-academic experience.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

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**PROJECT TITLE**

Give a brief descriptive title of your project (*in approximately 10-15 words*).

Give a brief summary of your project proposal (*please do not exceed the space provided*).

Name: \_\_\_\_\_

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**DEPARTMENTAL APPROVAL FORM AND REFERENCE LETTERS**

List below the names, titles, and institutional affiliations of the person you have asked send the departmental approval form and the two persons you have asked to send reference letters.

**Departmental Approval Form**

First and Middle Name/Initial \_\_\_\_\_

Last Name \_\_\_\_\_

Title \_\_\_\_\_

Department \_\_\_\_\_

Institution \_\_\_\_\_

**Reference #1**

First and Middle Name/Initial \_\_\_\_\_

Last Name \_\_\_\_\_

Title \_\_\_\_\_

Department \_\_\_\_\_

Institution \_\_\_\_\_

**Reference #2**

First and Middle Name/Initial \_\_\_\_\_

Last Name \_\_\_\_\_

Title \_\_\_\_\_

Department \_\_\_\_\_

Institution \_\_\_\_\_

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**TENURE AND BUDGET**

Requested tenure period for this fellowship is from \_\_\_\_\_ to \_\_\_\_\_.

Amount requested \$ \_\_\_\_\_.

**DATE:** \_\_\_\_\_ **SIGNATURE:** \_\_\_\_\_



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Applicant's Name \_\_\_\_\_

**CONTEMPLATIVE PRACTICE FELLOWSHIPS**  
2009 Competition  
**DEPARTMENTAL APPROVAL FORM**

This sheet is to be completed by the applicant's chair, dean, or other appropriate official, and may either be returned to the applicant for submission as part of the application form or be mailed directly to the Center for Contemplative Mind in Society. If submitted separately, it must be received by November 30, 2008. *This form may not be submitted by fax or by e-mail.*

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Name: \_\_\_\_\_

Title: \_\_\_\_\_

Department: \_\_\_\_\_

Institution: \_\_\_\_\_

To the Respondent: The person named above is applying for a Contemplative Practice Fellowship to be used during the summer of 2009 or one semester during the 2009-2010 academic year for the development of courses and teaching materials. The applicant has been asked to provide you with a copy of the project proposal. You are asked to affirm that if a course is developed along the lines outlined in this proposal, there is a good chance that it will be offered for credit during the academic year following fellowship tenure.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_



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Applicant's Name

**CONTEMPLATIVE PRACTICE FELLOWSHIPS**  
2009 Competition  
**CONFIDENTIAL REFERENCE FOR FELLOWSHIP APPLICANT**

Name of respondent: \_\_\_\_\_

Title: \_\_\_\_\_

Institution: \_\_\_\_\_

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TO THE RESPONDENT: The above named applicant for a Contemplative Practice Fellowship, who has chosen you as one of two referees, has been asked to send you this form together with a detailed description of the project. Please mail your comments directly to the Center for Contemplative Mind in Society promptly. The application deadline for this program is November 15, 2008; the Confidential Reference should be received by November 30, 2008.

Please comment on the applicant as a scholar and professional and on the specific proposal. Please evaluate the scholar's ability to conduct and complete the project proposed, as well as the importance of this project within the general and specific field(s) to which it relates. Please also include a statement of how long and in what context(s) you have known the applicant.

*Please sign and date your comments and include your title and institution. If you do not wish to use this form, you may use your letterhead or plain bond paper. Please, however, be sure the top line of your response indicates the candidate's name and the program (CONTEMPLATIVE PRACTICE FELLOWSHIPS).*

**Please do not send your comments by fax or by e-mail.**

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